

Food For Thought Recipe and Allergen Card Scones

100 Portions

Ingredient	Hannah Product Code	Quantity
Self-raising Flour	D200200	3k
Margarine	C000266	1k
Baking Powder	D001685	3 tbsp
Sugar	D001146	500g
Cold milk		
Sultanas	D004160	500g
Eggs		3
Demerara Sugar	D001208	To sprinkle

RECIPE METHOD – ALLERGENS

- 1. Using a planetary mixer, sieve the flour with the baking powder and add the sugar and margarine
- 2. Mix on a slow speed until the margarine is crumbed into the flour and sugar
- 3. Whisk 2 of the eggs and add to the mixture
- 4. Slowly pour in the cold milk until a soft dough is achieved (which just leaves the bowl clean) DO NOT OVER MIX
- 5. Leave the dough to rest for 10 minutes
- 6. Roll out to a thickness of 3 cm
- 7. Cut out using a scone cutter
- 8. Place on a greased baking tray
- 9. Beat the remaining egg
- 10. Brush the top of all of the scones
- 11. Sprinkle with Demerara sugar
- 12. Bake in the oven at 190°C for 15 minutes or until well risen and browned on the top

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The allergens highlighted in RED are present		
in this dish		
Allergens:		
Cereals: Wheat		
Rye		
Barley		
Oats		
Spelt		
Kamut		
Milk		
Eggs		
Peanuts		
Tree Nuts		
Sesame		
Fish		
Crustaceans		
Molluscs		
Celery		
Mustard		
Soya		
Lupin		
Sulphites		
May contain		