

<u>Title</u>			
Orange Coleslaw			
Ingredients:	10	50	100
	Portions	Portions	Portions
Carrots	3 large	6 large	9 large
Onion	2 large	4 large	6 large
Orange	2	3	3
White Cabbage	0.5	1	1.5
Mayo	To Taste	To Taste	To Taste
Salt	To Taste	To Taste	To Taste
Pepper	To Taste	To Taste	To Taste
Coriander	Garnish	Garnish	Garnish
Key Points:			Method:

- 1. Grate Carrots, cabbage and onions and add to mixing
- 2. Season the contents of the bowl and squeeze the juice from the oranges.
- 3. Add the mayo and taste to ensure seasoning is correct.
- 4. Garnish with freshly chopped coriander.

The allergens highlighted in RED are				
present in this dish				
Allergens:				
Cereals: Wheat				
Rye				
Barley				
Oats				
Spelt				
Kamut				
Milk				
Eggs				
Peanuts				
Tree Nuts				
Sesame				
Fish				
Crustaceans				
Molluscs				
Celery				
Mustard				
Soya				
Lupin				
Sulphites				
May contain				