

Food For Thought Recipe and Allergen Card Corned Beef Hash

100 Portions

Ingredient	Hannah Product Code	Quantity
Corned Beef	D001566	2.72kg Tin
Potatoes – Peeled 1/4]		15k
Sliced Bread (crusts)		10 Slices
Mixed Herbs	D001161	2 tbsp
Salt	D001199	
Pepper	D001103	
Margarine	C000266	500g
Grated Cheddar	C000485	
Onion - diced		1k
Carrot – finely diced		1k
Olive oil		For frying
Garlic - diced		

RECIPE METHOD – ALLERGENS

- 1. Add the prepared potatoes to a large pan
- 2. Cover with cold water and bring to the boil
- 3. Simmer for 15 minutes or until the potatoes are just tender
- 4. Drain the potatoes into a colander, leave in the colander for 5 minutes allowing for any excess liquid to drain off
- 5. In a heavy bottomed sauce pan heat some oil for frying
- 6. Add the diced carrot and cook for 2 minutes stirring regularly
- 7. Add the onion and cook for 2 minutes
- 8. Add the garlic and turn down the heat, allowing the carrot to cook fully
- 9. Using the planetary mixer beater attachment, mash the potatoes until smooth
- 10. Season to taste and add the margarine
- 11. Dice the corned beef
- 12. Place the bread crusts on a baking tray and cook for 15 minutes in the oven or until dry and brittle but not burned!
- 13. Allow to cool and blend using a food processor
- 14. Mix the cooked vegetables, mashed potato and corned beef and add to a ceramic baking dish
- 15. Top with breadcrumbs, grated cheese and mixed herbs
- 16. Bake for 15 minutes at 200°C or until golden and piping hot

The allergens highlighted in RED are present		
in this dish		
Allergens:		
Cereals: Wheat		
Rye		
Barley		
Oats		
Spelt		
Kamut		
Milk		
Eggs		
Peanuts		
Tree Nuts		
Sesame		
Fish		
Crustaceans		
Molluscs		
Celery		
Mustard		
Soya		
Lupin		
Sulphites		
May contain		