

Food For Thought Recipe and Allergen Card Churros

100 Portions

Ingredient	Hannah Product Code	Quantity
Margarine		250g
Water		1.750 l
Plain flour		1.250 kg
Baking Powder		5 tbsp
Caster Sugar		200g

RECIPE METHOD – ALLERGENS

- 1. Add the butter and water to a and bring to the boil
- 2. Mix sugar, flour and baking powder together
- 3. Using a sheet of parchment paper shoot all of the flour mixture into the boiling water and butter
- 4. Using a wooden spoon mix the flour into the boiling water and butter and mix very well
- 5. Take the pan off the heat for 10 minutes and allow to rest
- 6. Beat the eggs in a bowl
- 7. Beat the eggs into the batter and allow to cool
- 8. Heat some oil for deep frying to 170°C
- Using a piping bag with a star nozzle, pipe the mixture into the oil and fry for 2 minutes until golden
- 10. Toss in sugar and serve with the chocolate sauce

The allergens highlighted in DED are present		
The allergens highlighted in <u>RED</u> are present in this dish		
Allergens:		
Cereals : Wheat		
Rye		
Barley		
Oats		
Spelt		
Kamut		
Milk		
Eggs		
Peanuts		
Tree Nuts		
Sesame		
Fish		
Crustaceans		
Molluscs		
Celery		
Mustard		
Soya		
Lupin		
Sulphites		
May contain		