

Food For Thought Recipe and Allergen Card Chicken Shawarma Wraps 100 Portions

Ingredient	Hannah Product Code	Quantity
Boneless Chicken Thighs		75
Fresh Coriander	C003026	200g
10 Inch Wraps	F001821	100
Yoghurt	C000311	3kg
Cucumber (chopped)	C003029	2
Garlic (finely chopped)	D008007	3
Lemon	C003037	3
Paprika	D001181	To taste
Cumin	D001121	To taste
Cinnamon	D001156	To taste
Nutmeg		To taste
Olive oil	D001010	300 ml

RECIPE METHOD – ALLERGENS

- 1. Mix spices with olive oil and chopped garlic season with salt and pepper.
- 2. Squeeze the lemons and add the juice to the spice mixture.
- 3. Coat the chicken evenly with the spice mixture so well coated. Place in fridge and leave for at least 1 hour (preferably overnight).
- 4. Cook the chicken in the oven until core temperature reaches 75C.
- 5. Chop chicken into around 6 pieces.
- 6. Add chicken to wrap with salad and yoghurt and cucumber dip.
- 7. Garnish with freshly chopped coriander.
- 8. Serve immediately.

The allergens highlighted in RED are present		
in this dish		
Allergens:		
Cereals : Wheat		
Rye		
Barley		
Oats		
Spelt		
Kamut		
Milk		
Eggs		
Peanuts		
Tree Nuts		
Sesame		
Fish		
Crustaceans		
Molluscs		
Celery		
Mustard		
Soya		
Lupin		
Sulphites		
May contain		