

Food For Thought Recipe and Allergen Card Caribbean Jerk Chicken

50 Portions

Ingredient	Hannah Product Code	Quantity
Diced Chicken	Cook's of Rainford	3k
Caribbean Jerk Seasoning	Cook's of Rainford	As appropriate

RECIPE METHOD – ALLERGENS

- 1. In a large mixing bowl or pan add the chicken
- 2. Season to taste perhaps test some on chicken and cook, prior to serving to children to check that it is not too spicy for their taste
- 3. Cook in the oven at 180°C until the chicken is cooked to 75°C in the middle
- 4. Serve with Caribbean rice and peas, and fresh salad

The allergens highlighted in RED are present		
in this dish		
Allergens:		
Cereals : Wheat		
Rye		
Barley		
Oats		
Spelt		
Kamut		
Milk		
Eggs		
Peanuts		
Tree Nuts		
Sesame		
Fish		
Crustaceans		
Molluscs		
Celery		
Mustard		
Soya		
Lupin		
Sulphites		
May contain		